



THE J.M. SMUCKER Co

Peach Apricot Smoothie

Prep Time Cook Time Serves Difficulty

10 mins N/A 5 N/A

Ingredients

- 1 1/2 cups (375 mL) frozen peaches
- 1 1/2 cups (375 mL) **Carnation®** Regular, 2% or Fat Free Evaporated Milk

Fat Free Evaporated Skim Milk

- 1 1/2 cups (375 mL) apricot or peach nectar or orange juice
- 1 banana, cut in pieces
- 1/4 cup (50 mL) **Smucker's®** Pure Apricot Jam
- 1 tsp (5 mL) vanilla extract
- **Garnish:**
- fresh mint leaves
- peach slices

Directions

Step 1:

In a blender, combine peach slices, evaporated milk, nectar, banana, jam and vanilla. Pulse and then process on high speed until smooth.

Step 2:

Pour into serving glasses. Garnish with mint leaves and a skewered peach slice.

Images

