



THE J.M. SMUCKER Co

Very Berry Parfait

Prep Time Cook Time Serves Difficulty

5 mins N/A 4 N/A

Ingredients

- 2 cups (500 mL) frozen mixed berries
- 1/2 cup (125 mL) vanilla yogurt
- 1 can (354 mL) **Carnation®** Regular, 2% or Fat Free Evaporated Milk

Fat Free Evaporated Skim Milk

- 1 tsp (5 mL) vanilla extract
- honey to taste

Directions

Step 1:

Place ingredients in blender.

Step 2:

Process at high speed until smooth, pulsating a few times to break up pieces of fruit.

Images

