



THE J.M. SMUCKER Co

Purple Explosion

Prep Time Cook Time Serves Difficulty

12 mins N/A 4 N/A

Ingredients

- 1 cup (250 mL) **Carnation®** Regular, 2% or Fat Free Evaporated Milk
Fat Free Evaporated Skim Milk
- 1/2 cup (125 mL) vanilla or plain yogurt
- 1/2 cup (125 mL) pomegranate/blueberry juice
- 1 cup (250 mL) fresh or frozen blueberries
- 1 cup (250 mL) halved seedless red or purple grapes

Directions

Step 1:

In a blender, combine evaporated milk, yogurt, juice, blueberries and grapes.

Step 2:

Process at high speed until smooth, pulsing a few times to break up pieces of fruit.

Frozen or bottled grape juice can be substituted for pomegranate juice.

Pomegranate juice is now found in combination with blueberry juice, cranberry juice and other fruits. Any of these can be used for the juice ingredient.

Images

